

STUDENT RESOURCES & REPORTING OPTIONS FOR SEXUAL VIOLENCE, RELATIONSHIP VIOLENCE, & STALKING

nbttitleix.rutgers.edu

Sexual Harassment Is

Unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct, or communication of a sexual nature.

Sexual Assault Is

Non-consensual sexual contact where one or more of these may occur:

- Touching of an unwilling or non-consenting person's intimate parts.
- Touching an unwilling person or non-consenting person with one's own intimate parts.
- Forcing an unwilling person to touch another's intimate parts.
- Penetrating an unwilling person orally, anally, or vaginally with any object or body part with or without use of force, threat, and or intimidation.

Stalking Is

Any course of conduct directed at a specific person that would cause a reasonable person to be fearful of serious harm or danger to themselves or to individuals close to them.

Relationship Violence Is

Any act of physical, sexual, and/or psychological harm against an individual by a current or former intimate or romantic partner, or by a person with whom the victim shares a child in common. Intimate or romantic partners may be dating, cohabiting, married, separate or divorced, and may be of the same or different sex.

Consent Is

Clear and unambiguous communication and mutual agreement for the act in which the participants are involved. Consent can be withdrawn at any time. Silence or the absence of resistance is not the same as consent.

Stealthingly Is

Intentionally removing or damaging a prophylactic device (e.g. condom, female condom) when consent has only been given for protected sex.

Persons who report sexual violence, relationship violence, and stalking or who cooperate with the Title IX processes are protected from retaliation under the university's Policy Prohibiting Sexual Harassment, Sexual Violence, Relationship Violence, and Related Misconduct.

FOR MORE INFORMATION ABOUT SPECIFICS OF THE POLICY PLEASE VISIT:
endsexualviolence.rutgers.edu/policies

CONFIDENTIAL RESOURCES

You may decide that at this time, you don't want to do anything. These resources are available to help you today, next week, next month, and next year. We care about what happens to you, and you can seek support at any time.

FREE ON-CAMPUS RESOURCES

Violence Prevention & Victim Assistance (VPVA)

24 Hour Assistance

848-932-1181

vpva.rutgers.edu

Counseling, ADAP, & Psychiatric Services (CAPS)

848-932-7884

rhscaps.rutgers.edu

Office of Student Legal Services

848-932-4529

rusls.rutgers.edu

OFF-CAMPUS RESOURCES

Middlesex County Center for Empowerment

732-321-1189

29 Oakwood Avenue

Edison, NJ 08837

MEDICAL RESOURCES

Rutgers Student Health

(Health Centers located on Livingston, College Ave, and Cook/Douglass Campuses)

848-932-7402

health.rutgers.edu

Robert Wood Johnson Hospital

1 Robert Wood Johnson Place, New Brunswick, NJ 08901

St. Peter's University Hospital

254 Easton Avenue, New Brunswick, NJ 08901

NON-CONFIDENTIAL RESOURCES AND REPORTING OPTIONS

STUDENT AFFAIRS COMPLIANCE & TITLE IX

848-932-8200 • nbttitleix.rutgers.edu

DEAN OF STUDENTS

848-932-2300 • deanofstudents.rutgers.edu

RUTGERS UNIVERSITY POLICE DEPARTMENT (RUPD)

911 (Emergency) • 732-932-7211 (Non-Emergency)

WHAT ARE MY OPTIONS?

Emergency/Urgent Assistance

If you are in danger or in need of urgent assistance call 911.

To Get Medical Help

The medical centers on campus provide free medical assistance, testing for STIs and preventative medication. They also will examine you for any injuries and do testing for pregnancy if that is a concern of yours. The medical center staff will keep all information you share with them confidential.

If you wish to have an evidence collection kit ("SAFE kit") you can do so at the Middlesex County Center for Empowerment or any of the local hospitals. An advocate from the Office for Violence Prevention and Victim Assistance (VPVA) can assist you in setting up an appointment time and explain the process to you. If you wish to report the sexual assault to the police, they will also assist you in getting an exam. If you do not wish to report to the police or may want to do so at a later time, you can still have an exam. For evidence collection, it is best if you do not shower, brush your teeth, urinate, eat, drink or change clothes, but the exam can be done up to five days after the assault, even if you have showered or done any of the other things listed above.

To Talk to Someone Confidentially

There are confidential resources who can provide you with support while allowing you the time and space you need to process what has happened, and who can provide you with basic information about your options and available resources.

VPVA has an advocate on call 24/7 who can provide you detailed information about your options and resources so that you can make informed decisions about what you want to do. Some of those options include getting medical treatment including the forensic exam for evidence collection (see above), going to the police, applying for a restraining order, changing your living environment or

classes, reporting the incident to the Title IX Office, getting counseling, or deciding to do nothing at this point. Whatever you decide, the advocate will support that decision and help you. Free, confidential counseling is available at VPVA for you, your friends and others for as long as you need assistance.

Counseling, ADAP, and Psychiatric Services (CAPS) also provides free, confidential counseling to Rutgers University students.

To Get Support From a Trusted Staff Member

You may also choose to talk with an RA, a dean, a faculty member, or other university employee. These staff are considered "non-confidential," which means that they will protect your privacy by limiting the people with whom they share what you tell them; however, university policy requires that they notify the Title IX Office about any incidents of sexual violence, relationship violence, or stalking.

The Title IX Office will always protect your privacy and can speak with you about options for keeping your report confidential.

To Understand the University's Title IX & Disciplinary Processes

Title IX is a federal law that prohibits discrimination on the basis of sex in any educational program or activity receiving Federal financial assistance. Title IX requirements cover sex discrimination, sexual harassment, and sexual violence. In accordance with these requirements, Rutgers University is responsible for taking immediate and effective steps to respond to sexual violence to ensure the safety of our students.

The Title IX Office oversees all reports of sexual violence, relationship violence, and stalking. The Title IX Office can help you report a violation of the university's *Policy Prohibiting Sexual Harassment, Sexual Violence, Relationship Violence, Stalking and Related Misconduct*, and

can explain your options and resources. The Title IX Office will attend to your immediate needs for safety and explain any available interim measures (i.e., "No Contact" orders, housing and academic accommodations, counseling, a safety escort, etc.).

If you choose to participate in the university's Title IX process, which is separate from a criminal process, a staff member in the Title IX Office will discuss with you what the process entails as well as the next steps.

To Report a Criminal Concern

Sexual assault, relationship violence and stalking are also crimes. The university encourages you to contact the Rutgers University Police Department (RUPD) or the jurisdiction where an incident took place for more information about how to report a crime and the criminal process.

A criminal investigation does not relieve the university of its obligations under Title IX, and both a criminal and university investigation may proceed at the same time.

WHAT IF I WANT TO BE LEFT ALONE?

You may also decide that at this time, you don't want to do anything. These resources are available to help you today, next week, next month and next year. We care about what happens to you, and you can seek support at any time.

If you need immediate assistance, advocates from the Office for Violence Prevention and Victim Assistance (VPVA) are available 24 hours a day, 7 days a week. A trained, confidential advocate is available to speak with you and provide you with support and information about the various options available to you.

848-932-1181 • vpva.rutgers.edu

IN CASE OF EMERGENCY:
CALL 9-1-1