

# Violence Prevention & Victim Assistance (VPVA)

Support services for interpersonal violence

Take care of  
yourself



We know  
violence has an  
impact.



# RBHS VPVA

RBHS Office for Violence Prevention and Victim Assistance  
**WE SUPPORT. WE BELIEVE.  
WE RESPOND.**

- Free and CONFIDENTIAL
- Survivors of sexual violence, dating violence, harassment, and stalking
- Experiences from any stage of life
- Primary and secondary survivors
- Flexible locations

**Call or text**

**973-972-4636**

**[vpva@rbhs.rutgers.edu](mailto:vpva@rbhs.rutgers.edu)**

# 3 pillars

## Support Services

- Counseling
- Text app
- Phone support
- Advocacy with reporting
- Info & Referral
- Accommodations

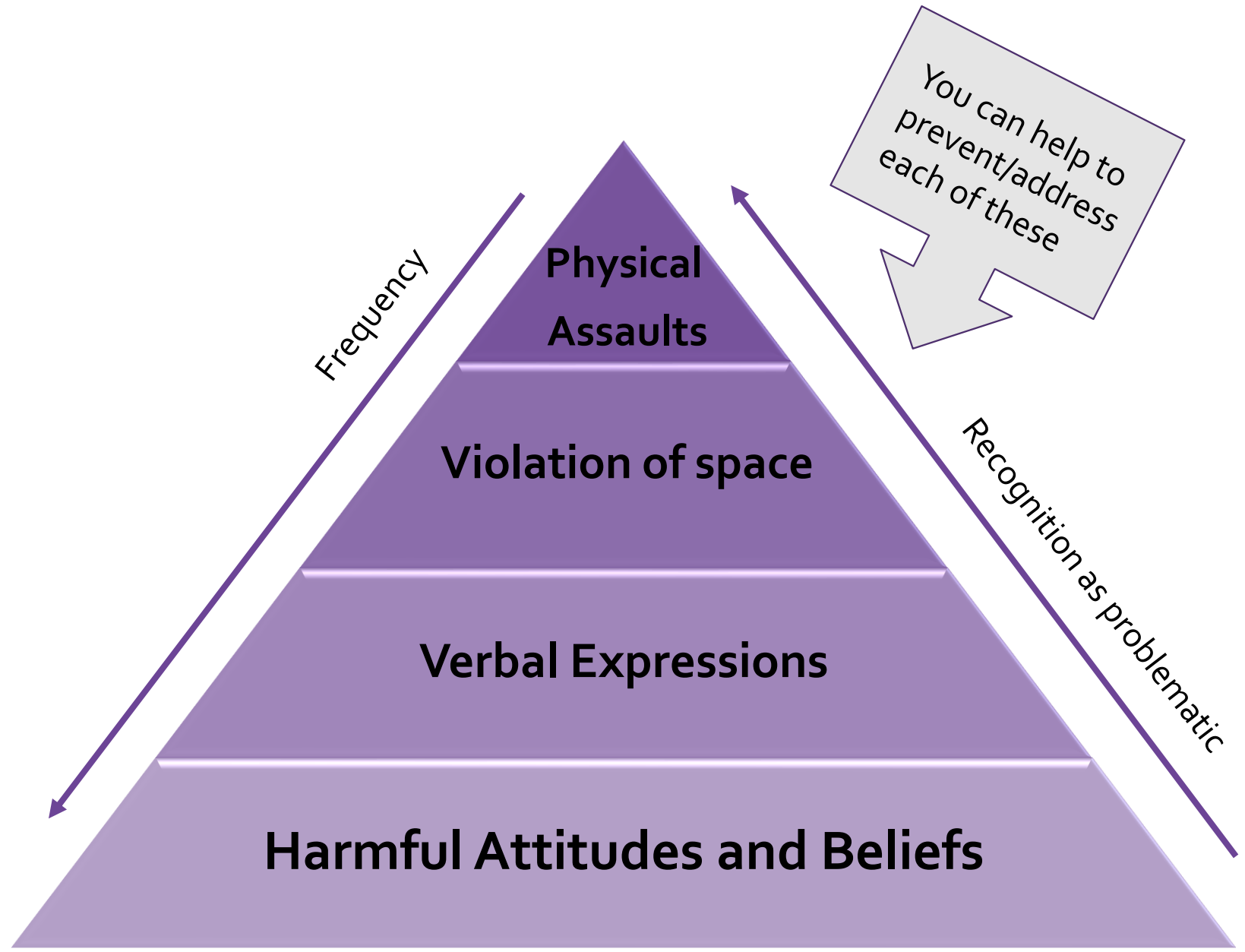
## Awareness Programming

- Website
- Social Media
- Ambassadors
- Tabling
- DVAM/SAAM
- Newsletter
- Virtual events

## Training & Education

- Orientations
- Bystander
- Trauma-Informed Care
- Online Training
- Request/special

# Continuum of Violence



Influence by peers, family, media, system response, community

# Showing Support

## *Listen*

I'm here for you.

I'm listening.

## *Validate*

I'm so sorry this happened to you.

This wasn't your fault.

## *Respect*

Thank you for sharing this with me.

I won't tell anyone.

# Showing Support

## *Empower*

Let's talk about things you can do.

I trust your decision.

## *Refer*

Maybe you'd want to talk to someone?

Have you heard of VPVA?

## *Check-in*

How are you doing?

I'm so glad to see you.



Your feedback  
matters!

[go.rutgers.edu/vpvafeedback](https://go.rutgers.edu/vpvafeedback)

# Questions

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