Alcohol use during pregnancy is associated with various risks for the fetus, including the physical/behavioral/emotional sequelae known as fetal alcohol spectrum disorder (FASD).

No amount or type of alcohol is known to be safe at any time during pregnancy.

It is recommended that pregnant patients abstain from drinking alcohol.

Approximately 1 in 9 women drinks alcohol during pregnancy in the US.

Professional organizations recommend that pregnant patients be screened for alcohol use.

Many patients do not receive adequate guidance from clinicians regarding alcohol use during pregnancy.

**SBIRT**
- An evidence-based, public health approach
- Delivery of early screening and intervention services in the primary care setting for patients at risk for substance use disorders
- Step-wise approach to providing interventions

**T-ACE Screening Tool**
- Identifies pregnant patients at risk for an alcohol-exposed pregnancy

**References**


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