



Updated: 3/12/2021

General Information

As you are aware, a positive COVID-19 (also known as SARS-CoV-2 or novel coronavirus) test indicates the presence of virus in the sample tested. Individuals who test positive may remain asymptomatic or develop symptoms in the future. Unfortunately, it is possible to transmit the virus even in the absence of symptoms and as such, we must all do our part to minimize transmission. **Therefore, anyone who tests positive for COVID-19 must self-isolate for at least 10 days to prevent transmission to others.**

We recognize there are still a number of unanswered questions surrounding COVID-19 testing as well as how that may change as vaccination rates increase over time. Below, please find the answers to some of FAQs we have received.

I tested positive for COVID-19. What do I do next?

- First, don't panic about your schoolwork and clinical. Our top priority is your health. We have developed several processes and protocols to keep you and others safe, understanding that receiving a positive result (even if asymptomatic) can be quite stressful. The below outlines some of the things that will happen in front of and behind the scenes. Please know, these processes are in place to ensure the health of you and others with a goal to support you the best we can, should you test positive.

What happens if I tested positive through the University testing program?

- Student Health Services will notify Dr. Kyle D. Warren, Senior Vice Dean/Dean of Students, who will then notify your Divisional Associate Dean. Your Divisional Associate Dean will contact you to better understand the circumstances surrounding your positive result and to determine if additional notification is required. Your Divisional Associate Dean will also share information with you regarding moving forward with your courses/clinical.

What happens if I tested positive outside the University testing program?

- It is your responsibility to upload all COVID-19 results (whether negative or positive) through the Rutgers University Testing Database:
<https://rtr.ipo.rutgers.edu/questionnaire>.
- Please note, only FDA authorized PCR tests will be accepted. Antigen or antibody tests are NOT acceptable. Once a positive result is uploaded to the system, Student Health

Services will notify the Senior Vice Dean/Dean of Students who will notify the Divisional Associate Dean as noted above.

If I tested positive, when should I test again?

- Unless you develop new symptoms of COVID-19 or are instructed to do so by Student Health Services or your primary care provider, you should not perform COVID-19 testing for 3 months after the positive result.

If I test positive, is my immediate family eligible to be tested through the University?

- Unfortunately, testing through the University testing program is not available to family members. Family members should, however, contact their health care providers or local health department to determine if they should be tested according to current guidelines. If testing is recommended, it can be obtained at many pharmacies and New Jersey Department of Health (NJDOH) testing sites. Information about NJDOH testing sites can be found here: <https://covid19.nj.gov/pages/testing>.

What happens if I was in close contact with or exposed to someone who tested positive for COVID-19?

- The first question you must ask yourself is, “Was I ‘exposed’”? The risk to yourself and others and quarantine recommendations are based on whether you were “exposed” by definition. The definition of close contact and exposure are nicely outlined in the following resources:
 - **CDC When to Quarantine**
Stay home if you might have been exposed to COVID-19
<https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/quarantine.html>
 - **NJDOH Healthcare Personnel (HCP) EXPOSURE to Confirmed COVID-19 Case Risk Algorithm**
[https://www.nj.gov/health/cd/documents/topics/NCOV/Healthcare%20Personnel%20\(HCP\)%20Exposure%20to%20Confirmed%20COVID-19%20Case%20Risk%20Algorithm.pdf](https://www.nj.gov/health/cd/documents/topics/NCOV/Healthcare%20Personnel%20(HCP)%20Exposure%20to%20Confirmed%20COVID-19%20Case%20Risk%20Algorithm.pdf)
- Please note, as information becomes available, recommendations and algorithms may change. If you are in close contact or exposed to someone in the upcoming months, it is recommended you check at that time and follow the most current guideline.
- Based on the information/algorithms above, if you were, indeed “exposed” or potentially exposed to someone with confirmed COVID-19, **the University mandates you quarantine for 14 days prior to returning to in-person class, clinical, and/or lab.**

I have been fully-vaccinated, do I still need to undergo weekly COVID-19 testing?

- Yes. The current guidelines require continuation of weekly testing. If these guidelines are updated, we will absolutely let you know.

I have a question and need to contact Student Health Services. Can you please share their contact information?

Entry to Baccalaureate Nursing Students:

- **Newark Campus (Traditional and Second-Degree Students)**
Blumenthal Hall
249 University Ave.
Newark, NJ 07102
(973) 353-5231

- **New Brunswick (Traditional and Second-Degree Students)**
Student Health Services
317 George St.
New Brunswick, NJ 08901
(732) 235-5160

- **Camden (Blackwood Students)**
Campus Center
326 Penn St.
Camden, NJ 08102
(856) 225-6005

Advanced Nursing Practice Students

- **RBHS Newark Campus**
Student Health & Wellness Center Doctors Office Center (DOC)
Suite 1750
Newark, NJ 07103
(973) 972-8219

Are there any well-being resources available through the University where I can get help or speak with someone?

In addition to speaking with school faculty and Student Services, there are additional resources available through the University. Please see the link below:

<https://sites.rutgers.edu/coronavirus/wp-content/uploads/sites/425/2020/11/StudentWellBeingResources.pdf>