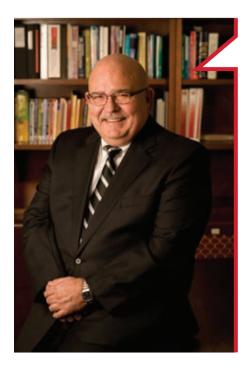
# RUTGERS School of Nursing

Ranked 25<sup>th</sup> Best Graduate Nursing School
— U.S. News & World Report, 2015

RUTGERS, THE STATE UNIVERSITY OF NEW JERSEY



# LOOKING TO THE FUTURE OF RUTGERS NURSING



William L. Holzemer *PhD, RN, FAAN*Dean and Distinguished Professor Rutgers University School of Nursing holzemer@sn.rutgers.edu

elcome to the Rutgers School of Nursing. Our school was established on July 1, 2014 when the Rutgers College of Nursing and Legacy UMDNJ School of Nursing were united by the 2013 New Jersey Medical and Health Services Restructuring Act. This unification leverages the rich heritage of the former Rutgers College of Nursing with the strong legacy of UMDNJ School of Nursing, bringing together the best in nursing education, research, and service offered by both institutions.

We salute those whose efforts have positioned our school to become a local, national, and global leader in health care; providing innovative inter-professional collaboration to advance nursing research and scholarship.

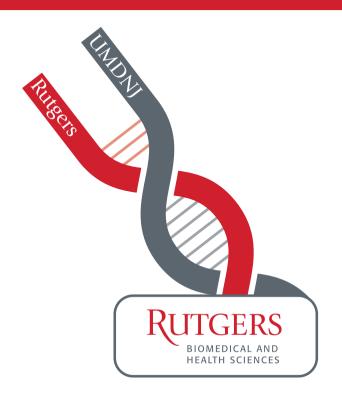
This publication provides a brief overview of our integrated school, including academic programs, student and faculty demographics, briefings on our Centers of Excellence in Research and Evidence-Based Practice, Nurse-Managed Community Health Centers and respective programs, school administrative organization, and campus locations.

Please peruse each section to learn more about our school. If you have any questions, or would like to offer any feedback, please e-mail my office at schoolofnursing@rutgers.edu. I look forward to hearing from you and working together on the future of nursing.

Sincerely,

Wain L. Afferd

# Historical Briefing



ON JULY 1, 2013 THE NEW JERSEY MEDICAL AND HEALTH SCIENCES EDUCATION RESTRUCTURING ACT WENT INTO EFFECT, INTEGRATING RUTGERS, THE STATE UNIVERSITY OF NEW JERSEY, WITH MOST UNITS OF THE UNIVERSITY OF MEDICINE AND DENTISTRY OF NEW JERSEY (UMDNJ).

This merger created a new division within Rutgers University, the Rutgers Biomedical Health Sciences (RBHS) division, which provides health care education, research, and clinical service. It is the umbrella organization for eight schools, four centers and institutes, and a behavioral health network.

The Rutgers School of Nursing (RSON), one of eight schools encompassed by RBHS, as well as the largest and most comprehensive nursing education program in New Jersey, emerged through the integration of the former Rutgers College of Nursing and legacy UMDNJ School of Nursing.

Former Dean and Distinguished Professor at Rutgers College of Nursing, William L. Holzemer, PhD, RN, FAAN, officially became the Dean of the unified School of Nursing as of July 1, 2014.

The Rutgers School of Nursing includes more than 100 full-time faculty members, 120 staff members, and 1,800 students, with campus locations in Newark, New Brunswick, and Blackwood, New Jersey.



# Campus Locations

Ackerson Hall

180 University Ave. Newark, NJ 07102

Stanley S. Bergen Building

> 65 Bergen St. Newark, NJ 07107

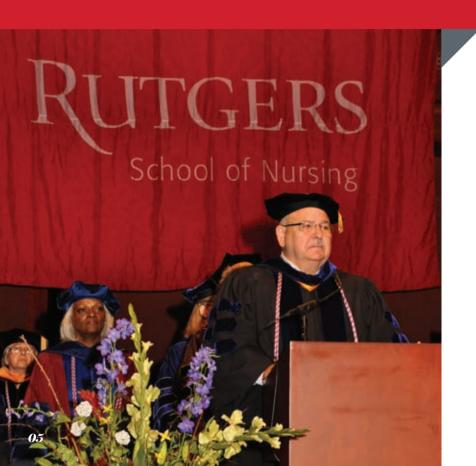
**School of Nursing Building** 

> 110 Paterson St. New Brunswick, NJ 08901

Polk Hall

200 College Dr., RM 132 Blackwood, NJ 08012

# Mission Vision & Goals



THE MISSION AND VISION OF THE RUTGERS SCHOOL OF NURSING ALIGNS WITH THE UNIVERSITY'S THREEFOLD MISSION:

- Provide instructional needs for New Jersey's citizens through undergraduate, graduate, and continuing education programs
- Conduct cutting-edge research that contributes to the medical, environmental, social and cultural well-being of the state, as well as aiding the economy and the state's businesses and industries
- Perform public service in support of the needs of the citizens of the state and its local, county, and state governments.

### MISSION

Rutgers School of Nursing is broadly recognized as among the nation's leading public nursing programs: preeminent in research and evidence-based practice scholarship, preparing competent and compassionate graduates in innovative academic programs, and committed to meaningful community service.

### VISION

Rutgers School of Nursing is a leader in health care, improving the health care of the people of New Jersey and beyond.

Left: Dean William L. Holzemer, PhD, RN, FAAN, presides at the Rutgers School of Nursing annual convocation honoring graduates of all degree programs.

# **SCHOOL GOALS**



# Education

- Uphold Rutgers School of Nursing's reputation as a leader in best educational practices
- Create a student-centered learning environment responsive to changing educational and socio-political trends
- Integrate innovative teaching and learning strategies that promote learning and are responsive to the needs of diverse populations and health care settings



# Research

- Provide excellence in research and scholarship that contributes to the health and well-being of diverse populations
- Foster research initiatives that generate, test, and refine disciplinary knowledge and inform health policy at the local, national, and global level
- Design interventions that reduce disparities, enhance patient safety and quality outcomes, promote health and comfort, and reduce suffering



# Service

- Develop collaborative partnerships with New Jersey communities and health professional scholars to enhance and enrich educational opportunities for students, including a variety of practice settings
- Foster collaborative research opportunities for students and faculty that lead to costeffective, high-quality, patient-centric health care outcomes for all
- Design interventions that reduce disparities, enhance patient safety and quality outcomes, promote health and comfort and reduce suffering



# **Practice**

- Provide leadership at the local, national, and global levels that ensures the public has access to quality health care
- Integrate ethical principles that ensure appropriate rights and privileges to health care, preserving the dignity of all persons

# Academic Programs



THE RUTGERS SCHOOL OF NURSING PROVIDES
THE MOST COMPREHENSIVE PROGRAM OF HIGHER
EDUCATION IN NURSING IN THE STATE OF NEW IERSEY.

We prepare nurses at all levels of higher education to meet the diverse needs of patients, families, and caregivers across health care. The school offers an array of academic programs within three divisions:

- Entry to Baccalaureate Nursing Practice
- Advanced Nursing Practice
- Nursing Science

# Academic Degree Offerings & Specialty Areas

Left: Undergraduate students Shivali Ghali (L) and Yehara Brito practice transfusion techniques.

# **Bachelor of Science in Nursing (BS)**

- 4-year traditional program
- 14-month, full-time, second-degree program
- 30-month, part-time, second-degree program
- RN to BS in Nursing

# Master of Science in Nursing (MSN)

- Informatics
- Clinical Leadership (CNL)
- Nursing Leadership

# Post Master's Certificate (PMC)

- Adult and Gerontological Nurse Practitioner
  - Acute Critical Care
- Adult and Gerontological Nurse Practitioner
  - Primary Care
- Family Nurse Practitioner
- Family Nurse Practitioner, Emergency Care
- Psychiatric Mental Health Nurse Practitioner
- Informatics
- Midwifery
- Women's Health

# **Specialty Certificate**

• HIV/AIDS Nursing

# **Doctor of Nursing Practice (DNP)**

Post Baccalaureate

- Leadership Management
- Pediatric Nurse Practitioner
- Adult Gerontology Acute/Critical Care Nurse Practitioner
- Adult-Gerontology Primary Care Nurse Practitioner
- Family Nurse Practitioner
- Family Nurse Practitioner in Emergency Care
- Nurse Anesthesia
- Nurse Midwifery
- Psychiatric/Mental Health Nurse Practitioner
- Women's Health Nurse Practitioner

# **Doctor of Nursing Practice (DNP)**

Post Master's

- Leadership
- Practice (Executive Weekend Model)
- Practice (Online)

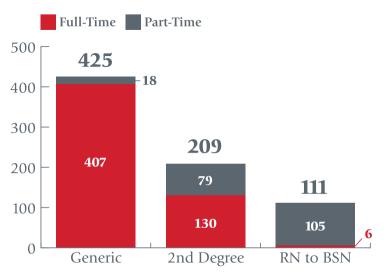
# **Doctor of Philosophy (PhD)**

- PhD in Nursing
- PhD in Urban Systems (Interdisciplinary program includes an Urban Health specialization)

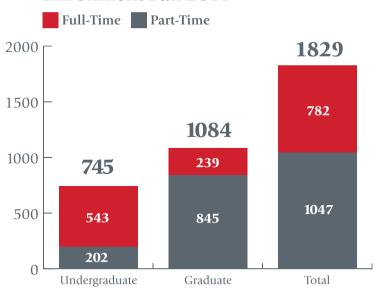
# Student Profile

Note: Data from Fall 2014 Enrollment

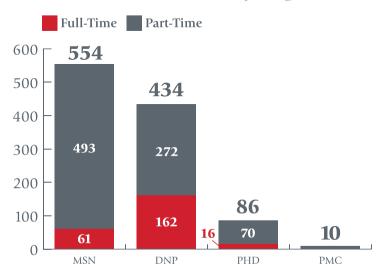
# **Undergraduate Enrollment by Program**



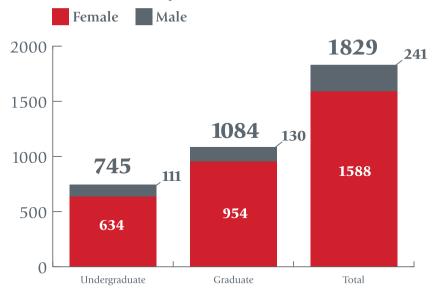
# **Enrollment Fall 2014**



# **Graduate Enrollment by Degree**

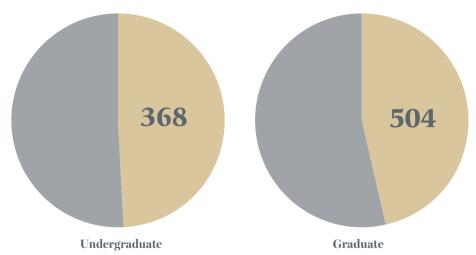


# **Enrollment by Gender**



Undergraduate	%
Female	85%
Male	15%
	l .
Graduate	<b>%</b>
Female	88%
Male	12%

# **Minority\* Enrollment**



# **Minority by Percentage**

Undergraduate	49.4%
Graduate	46.5%

\* Minority includes Black or African American, Asian, American Indian, or Alaskan Native, Native Hawaiian or other Pacific Islander, Hispanic/Latino, and two or more races.

# Center for Academic Success

The Center for Academic Success (CAS) offers one-to-one peer tutoring for undergraduate students, as well as support in test-taking strategies, stress management, and time management. Programs at CAS are designed primarily to assist students in successful completion of their undergraduate nursing degrees.

The Center also offers enrichment programming for graduate students. Staff members at CAS collaborate with faculty to deliver in-class presentations and offer individual consultations.

Below: Rutgers School of Nursing Convocation, May 2015



EOF Class of 2015: (standing, L-R) Grismer Gonzalez, Maria DiDiego, Melanie Mendoza, and Erika Clerjuste; (seated, L-R) Amiah White, Hedolis Jaquez, and Acia Robertson



# Educational Opportunity Fund

FOR MORE THAN 40 YEARS, THE EDUCATIONAL OPPORTUNITY FUND (EOF) PROGRAM IN NEW JERSEY HAS PROVIDED OPPORTUNITIES TO STUDENTS FROM ECONOMICALLY DISADVANTAGED BACKGROUNDS.

In accordance with state guidelines, the EOF Program provides academic counseling and financial support services to highly-motivated students from low-income backgrounds. The largest number of students coming from Newark, Jersey City, New Brunswick, and Camden.

As of 2013, the School of Nursing EOF Program has a graduation rate of 90 percent. Listed below are the top employers graduates have self-reported following the completion of their NCLEX Board examinations:

### Top Employers:

- Memorial Sloan Kettering Cancer Center (New York, NY)
- Robert Wood Johnson University Hospital (New Brunswick, NJ)
- St. Peter's University Hospital (New Brunswick, NJ)
- St. Joseph's Regional Medical Center (*Paterson*, *NJ*)
- Newark Beth Israel Medical Center (Newark, NJ)
- Hackensack University Medical Center (Hackensack, NJ)

<sup>\*</sup>Self-reported data by EOF Graduates

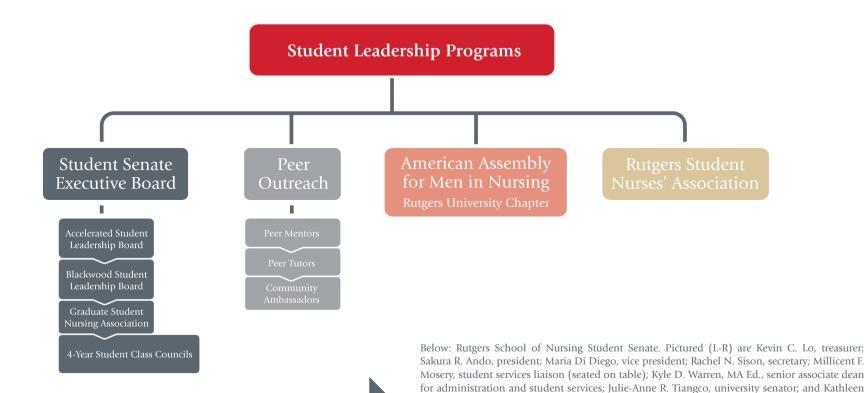
# Clinical Placements

# **Affiliated Clinical Agencies by Specialty**

Hospital - General Acute Care	53
Group Practice	23
Educational Institution	20
Clinic/Health Center	16
Public Health	12
Nursing Care Facility	10
Hospital - Psychiatric	8
Behavioral Health	7
Home Health	6
Case Management	5
Hospice Care	3
Hospital - Affiliated Group Practice	2
Hospital - Rehabilitation	2
Services for the Developmentally Disabled	1
Substance Abuse Rehabilitation	1
Hospital - Long Term Care	1
Grand Total	170

Note: Private Practices Omitted





Student Leadership

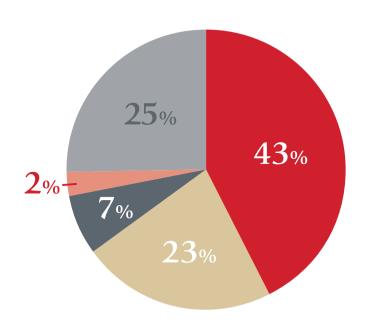


# Faculty Profile

THE RUTGERS SCHOOL OF NURSING FACULTY BODY CONSISTS OF 115 FULL-TIME SCHOLARS WHO TEACH ACROSS ACADEMIC PROGRAMS, BUT HAVE A DESIGNATED APPOINTMENT WITHIN ONE OF THE THREE NURSING DIVISIONS:

- Entry to Baccalaureate Nursing Practice
- Advanced Nursing Practice
- Nursing Science

Note: Data from Fall 2014



# **Faculty by Degrees**

PhD

MS Prepared and Enrolled in Docotoral Program

DNP

EdD

Other Doctoral Degree

Within the newly merged School of Nursing, 75% of the total full-time faculty body have doctoral degrees: 49 have the PhD degree; 26 the DNP; 8 the EdD degree; 3 hold other doctoral degrees; and 29 have a MS and are currently enrolled in a doctoral program.

84

# **Faculty Tracks and Ranks**

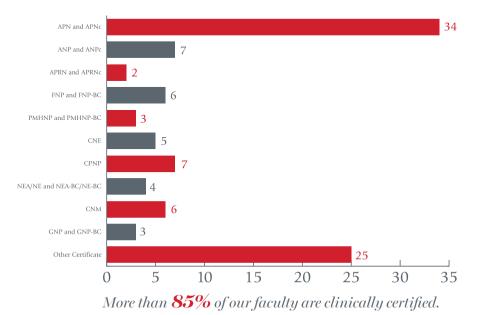
TENURE TRACK

	Total
Assistant Professor	14
Associate Professor	5
Professor	9
Distinguished Professor	3

CLINICAL/NON-TENURE TRACK

Clinical Professor / Professor	5
Clinical Associate Professor / Associate Professor	14
Clinical Assistant Professor/ Assistant Professor	33
Clinical Instructor / Instructor	32
	Total

# **Faculty Clinical Certifications**



31

# **Fellows & Diplomates**



Approximately 20% of the total faculty body are nationally recognized fellows within these nursing organizations:
Fellow, American Academy of Nursing (FAAN); Fellow, American Academy of Nurse Practitioners (FAANP); Fellow, American College of Nurse Midwives (FACNM); Fellow, Academy of Emergency Nursing (FAEN); Diplomate of Comprehensive Care (DCC); and Academy of Nursing Education Fellow (ANEF).

# Faculty Governance



THE FACULTY BODY IS COMPOSED OF WORKING COMMITTEES THAT DELINEATE AUTHORITY, RESPONSIBILITIES AND DUTIES WITH RESPECT TO EDUCATION, RESEARCH, SERVICE, PATIENT CARE, AND ADMINISTRATION.

The Faculty Council, which reports to the full faculty, is composed of an elected Chair, Vice-Chair, Secretary, immediate Past-Chair, and two appointed members from each of the School's three Academic Divisions. The Dean is the ex-officio on the Faculty Council.

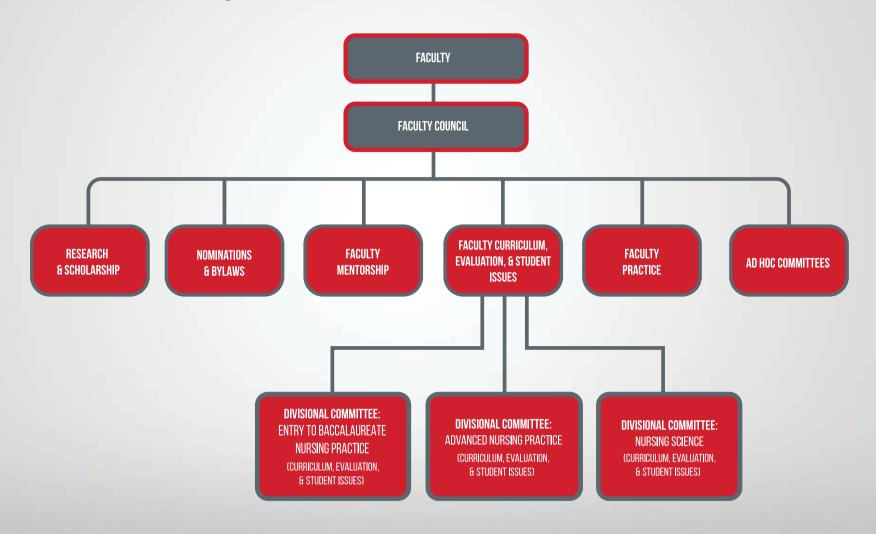
Five Standing Committees focus on Research and Scholarship; Faculty Practice; Faculty Curriculum Evaluation, and Student Issues; Faculty Mentorship; and Nominations and Bylaws. Ad Hoc Committees are formed when needed.

Additionally, three Program Divisional Committees are dedicated to each academic division:

- Entry to Baccalaureate Nursing Practice
- Advanced Nursing Practice
- Nursing Science

Left: Clinical Assistant Professor Kimberly Prado, DNP, APN, RN, joins her colleagues during a full faculty meeting.

# Faculty Committee Structure



# School Administration

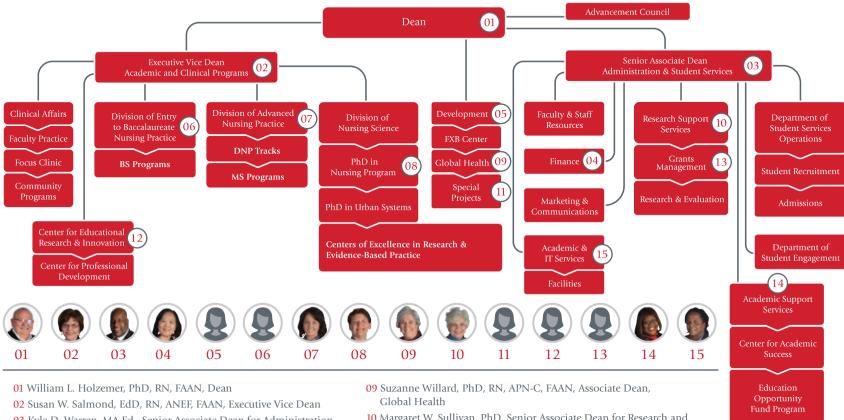
The Dean is the Chief Academic and Administrative Officer of the Rutgers School of Nursing, responsible for stewardship of the school and implementation of its policies. The Dean is supported by an Executive Vice Dean, a Senior Associate Dean for Administration and Student Services, a Chief Financial Officer, Associate Deans, Assistant Deans, and staff, who effectively run all school related operations.

The School of Nursing is composed of three administrative divisions: Entry to Baccalaureate Nursing Practice; Advanced Nursing Practice; and Nursing Science. Each division is administered by an Associate Dean, appointed by the Dean, responsible for the organization and implementation of its respective programs and faculty.

In addition, the school houses six Centers of Excellence in Research and Evidence-Based Practice, two Community Health Centers, and an Office for Student Services and Administrative operations. The following page shows the Rutgers School of Nursing organization by function.



# Organizational Structure



- 03 Kyle D. Warren, MA Ed., Senior Associate Dean for Administration and Student Services
- 04 Maria C. Peralta, MBA, Chief Business Officer
- 05 Marianne Wiatroski, BSN, RN, Director of Development
- 06 Cheryl Holly, EdD, RN, ANEF, Associate Dean, Entry to Baccalaureate Nursing Practice
- 07 Mercedes Echeverria, DNP, APNC, Associate Dean, Advanced Nursing Practice
- 08 Karen T. D'Alonzo, PhD, RN, APN-C, FAAN, Associate Dean, Nursing Science

- 10 Margaret W. Sullivan, PhD, Senior Associate Dean for Research and Sponsored Programs
- 11 Maureen Esteves, PhD, RN, Associate Dean, Special Projects
- 12 Ann Marie Mauro, PhD, RN, CNL, CNE, Assistant Dean and Director, Center for Educational Research and Innovation
- 13 Janet Bowne, BA, CRA, Assistant Dean for Research and Director, Grants and Contract Management
- 14 Valerie Smith Stephens, EdD, LCSW, Assistant Dean, Academic Support Services, and Director, EOF Program
- 15 Patrick L. Mattis, DNP, MSN, MSCS, CPHIMS, CNE, RN-BC, Assistant Dean, Academic and Information Technologies, and Services

# Financial Budget

Below: Business Office Staff (L-R): Fran Price, BBA, Business Assistant; Ragini Darshan, BA, Budget Analyst; Maria Peralta, MBA, Chief Business Officer; Gladys Salva, MPA, Business Manager; Mary Jane Smith, Business Specialist; Maureen Puzio, BA, Senior Financial Analyst; Alysse Congiusta, BBA, Business Coordinator; Michele Beckford, MPA, Senior Financial Analyst

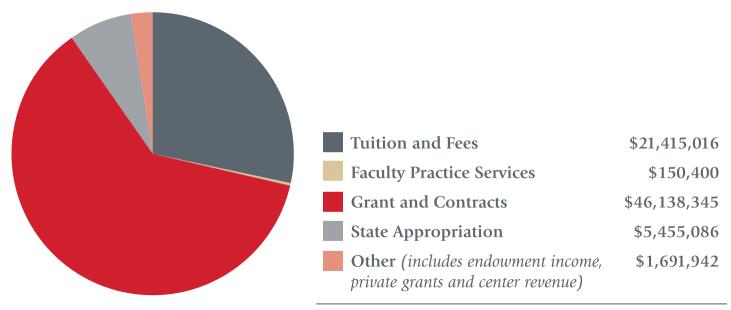
THE CHIEF FINANCIAL OFFICER (CFO) AND THE
ASSISTANT CHIEF FINANCIAL OFFICER/BUSINESS
MANAGER WORK CLOSELY WITH THE DEAN, OTHER
ASSOCIATE AND ASSISTANT DEANS AND PROGRAM
DIRECTORS TO MAINTAIN BOTH FISCAL RESPONSIBILITY
AND TRANSPARENCY IN THE SCHOOL'S BUDGET.

The CFO plans, implements and oversees financial activities in areas of expense requests and processes, budget development, financial reporting, accounting, payroll, internal audit, faculty practice plan, and tuition and fees to ensure RSON's overall compliance with Rutgers University's related policies and procedures.

The budget for Fiscal Year 2014 consisted of an annual revenue budget of approximately \$75 million with \$46 million in contracts and grants from federal and state agencies, as well as corporate and private foundations.



# Annual Budget Fiscal Year 2014



TOTAL

\$74,850,789



# Centers of Excellence in Research and Evidence-Based Practice

Leaders of our centers include (clockwise, starting from bottom left): Ann Bagchi, PhD, RN, co-director, HIV Research Collaborative; Yuri T. Jadotte, MD, assistant director, Northeast Institute for Evidence Synthesis and Translation; John A. Nelson, PhD, CNS, CPNP, co-director, HIV Research Collaborative; Edna M. Cadmus, PhD, RN, NEA-BC, FAAN; executive director, New Jersey Collaborating Center for Nursing; Susan Caplan, PhD, RN, FNP-BC, co-director, Center for Community Health Partnerships; Karen T. D'Alonzo, PhD, RN, APN-c, FAAN, director, Center for Community Health Partnerships; Sarah Kelly, PhD, RN, co-director, Center for Community Health Partnerships; Andrea Norberg, MSN, RN, executive director, François-Xavier Bagnoud Center; Charlotte Thomas-Hawkins, PhD, RN, director, Center for Healthcare Quality. Also shown (center of photo from top to bottom): Mary L. Johansen, PhD, NE-BC, RN, associate director, New Jersey Collaborating Center for Nursing; and Susan W. Salmond, EdD, RN, ANEF, FAAN, co-director, Northeast Institute for Evidence Synthesis and Translation.

Not shown: Felesia R. Bowen, PhD, RN, APN-BC, director, Center for Urban Youth and Families; and Cheryl Holly, EdD, RN, ANEF, co-director, Northeast Institute for Evidence Synthesis and Translation.

# **Center for Community Health Partnerships**

The Center for Community Health Partnerships (CCHP) aims to develop sustainable community-linked infrastructures to improve the health of urban communities. The CCHP was established in 2012 to reflect the School of Nursing's commitment to strengthening ties with communities in the greater Newark and New Brunswick areas.

### **GOALS**

- Strengthen collaborative relationships and community engagement among academic investigators, community members, and local health care organizations
- Promote the conduct of community-based participatory research (CBPR), addressing health issues of concern to urban residents of these areas
- Promote translation, implementation, and adoption of evidencebased health interventions into community settings

## FACULTY AND STAFF MEMBERS

Karen D'Alonzo, Phd, RN, APN-c, FAAN **Director** 

Susan Caplan, PhD, RN, FNP-BC

Sarah Kelly, PhD, RN

Co-Director

Rita Musanti, Phd, ANP-BC, AOCNP

Researcher

Frances Munet Vilaro, PhD, RN

Researcher

Nayeli Salazar, MA

Researcher

# Research Initiatives

- Dr. Kelly is currently working on a study of children and physical activity at charter schools in Newark and Perth Amboy. She is examining adolescent exposure to community violence and the impact it has on their health-related quality of life (HRQoL). This research project is the first step in developing a mindfulness-based meditation as an intervention to decrease the effects of exposure to violence on adolescents. Dr. Kelly is working with undergraduate honors students, who have presented and published on extensions of her work.
- Dr. Caplan is training community health workers, *Promotoras*, for a planned study of depression and stigma in the Latino community. She conducted a pilot feasibility study of *El Buen Consejo* (Good Advice), a mental health literacy and treatment engagement intervention designed for Latinos in the faith-based setting.
  - Last spring, Dr. Caplan and Dr. D'Alonzo presented Engaging Community Health Workers (CHWs) in CBPR: An Overview of the Training Process at De Paul University.
- Dr. D'Alonzo works with community-based organizations in New Brunswick
  and the Mexican Consulate of New York City on several ongoing projects.
  Project BRANCH uses immigrant men to teach other men about depression.
  She is currently collecting data for a pilot study comparing biomarkers of
  allostatic load and metabolic syndrome among Oaxacan immigrant
  women living in New Brunswick and Oaxacan women living in Mexico.

Likewise, she has partnered with the Mexican Consulate's Health Program Ventanillas de Salud (Health Windows) and Sacred Heart Church for the Buen Vecino (Good Neighbor) Project, where RSON faculty, students and staff from the FOCUS Wellness Center have plans to provide hands on clinical preventive services to Mexican immigrants in New Brunswick.

Nayeli Salazar organized the first Binational Mexican American Summit of New Jersey (BMASNJ) held on May 3, 2014 at Rutgers Business School

 New Brunswick. The conference showcased U.S. Census data, active non-profit organizations, government agencies, leadership programs, community-based research and initiatives, and professorial partnerships. The conference was organized in the realms of health, education, immigration, economic development, and arts and culture. Distinguished faculty participated as panel speakers, including Dr. D'Alonzo.
 Representatives were present from the federal and state governments of Mexico and the United States.

#### GRANT PROPOSALS

Dr. D'Alonzo is the Principal Investigator (PI) on an R13 proposal, which
merges the efforts of Rutgers faculty from across Rutgers Biomedical Health
Sciences (RBHS) Division and the Health Task Force of New Brunswick
Tomorrow (NBT), a community coalition of over 30 members. The proposal
develops a comprehensive academic community partnership to reduce the
excess risk of obesity among Mexican immigrants in New Brunswick.

Below: Center for Community Health Partnerships (L-R) Karen T. D'Alonzo, PhD, RN, APN-c, FAAN, director; Sarah Kelly, PhD, RN, co-director; and Susan Caplan, PhD, RN, FNP-BC, co-director



# Center for Healthcare Quality

The mission of the Center for Healthcare Quality (CHQ) is to advance the science of patient safety and care quality, generate evidence through rigorous research in these and other priority areas, and leverage principles of translation science for the diffusion of evidence into practice settings and policy initiatives.

# **GOALS**

- Secure funding for pilot intervention research that evaluates the impact of health service delivery models on patient and health system quality indicators and outcomes
- Develop a proposal for a large-scale clinical trial that evaluates the impact of health service delivery models on patient and health system quality indicators and outcomes
- Recruit Center members from non-nursing disciplines

# FACULTY AND STAFF MEMBERS

Charlotte Thomas-Hawkins, PhD, RN **Director** 

Jill Cox, PhD, RN, APN-c, CWOCN

Researcher

Edmund Pajarillo, PhD, RN, BC, CPHQ, NEA-BC

Researcher

Edna Cadmus, Phd, RN, NEA-BC, FAAN

Researcher

Mary Johansen, PhD, NE-BC, RN

Researcher

Miguel Martinez, MA

Researcher



# Research Initiatives

#### FALLS PILOT STUDY

A pilot study entitled *Factors Associated with Falls in Adult Hospitalized Patients*, began in the Fall of 2013 and was completed in 2014. A poster of study findings was presented at the Eastern Nursing Research Society Annual Symposium in Philadelphia, PA, on April 10, 2014. In addition, two undergraduate honors students presented descriptive findings at the Honors Research Day at the School of Nursing on April 14, 2014. One manuscript of these study findings was published in May of 2015 in Applied Nursing Research. Two additional manuscripts are in progress. A follow-up grant proposal was submitted to the New Jersey Healthcare Foundation entitled *Predictors of Fall-related Injury in a Magnet and non-Magnet Hospital*.

### CENTERS FOR MEDICARE AND MEDICAID (CMS) SERVICES GRANT

A grant entitled, Factors Associated with Pressure Ulcer Development in Residents in New Jersey Nursing Homes, was submitted to the New Jersey Department of Health in the Fall of 2014. The aims of this grant were as follows: 1) examine patient, facility, workforce, and care process factors that predict pressure ulcer development in New Jersey nursing home residents; 2) compare nursing homes in New Jersey with the highest and lowest pressure ulcer rates on predictors of pressure ulcer development and pressure ulcer outcomes; 3) gain an understanding of the facilitators and barriers to pressure ulcer prevention in New Jersey nursing homes with high and low pressure ulcer rates; and 4) develop a pressure ulcer prevention bundle that can be tailored to meet the unique needs of individual nursing homes in New Jersey. A grant entitled, A Pilot Intervention Project to Evaluate Skilled Nursing Facilities as Alternative Levels of Care to Reduce 30-day Hospital Readmission for Medicare Patients with Heart Failure and Chronic Obstructive Pulmonary Disease, will be submitted to CMS in the Fall of 2015 to match the previous grant description.

The CHQ team is currently developing a proposal to test a pilot intervention project in partnership with three long-term care facilities in New Jersey, St. Joseph's Hospital, and the New Jersey Department of Health. The aims of the study are: 1) develop an evidence-based decision algorithm for use by ER physicians in the pilot study hospital to determine the level of care provision needed for Medicare patients with Heart Failure (HF) and Chronic Obstructive Pulmonary Disease (COPD) who

seek acute care ER services within 30 days of an index hospitalization; 2) establish standards and minimal criteria for three levels of short-term alternative skilled nursing facility care for patients with HF and COPD who seek acute care services in a hospital emergency room within 30 days of an index hospitalization; and 3) compare the pilot study hospital ER admissions rates for Medicare patients with a primary diagnosis of HF and COPD, who are hospitalized within 30 days of discharge from an index hospitalization during the pilot study period against the HF and COPD ER admission rates within 30 days of an index hospitalization for Medicare patients in the year before commencement of the pilot study. Funding will be sought from the Centers for Medicare & Medicaid Services.

Additionally, the CHQ team has submitted a letter of intent to the Donaghue Foundation. Members of CHQ have been invited to write a full proposal for their Another Look: Better Health for Elders in Care Facilities grant funding. This is entitled, Patient, Facility, and Workforce Factors Associated with Pressure Ulcer Development in residents in NJ Nursing Homes. The aims of the grant will be to: 1) Examine the independent associations among patient, facility, nursing workforce factors, pressure ulcer (PU) risk assessment processes, and PU outcomes (incidence and prevalence rates) in short- and long-stay residents in NJ nursing homes; 2) Examine differences between high performing (low pressure ulcer rates) and low performing (high pressure ulcer rates) nursing homes in patient factors, facility factors, nursing workforce factors, PU risk assessment processes, and pressure ulcer outcomes (incidence and prevalence rates) in short- and long-stay residents in NJ nursing homes; and 3) Determine PU prevention strategies that are tailored to the root causes of PU incidence and prevalence across nursing homes in NJ.

#### INDIVIDUAL RESEARCH PROJECTS

Several members of the Center are actively engaged in individual research studies consistent with the mission of the Center.

Dr. Cadmus was awarded a grant from the Centers for Medicare and Medicaid Services to develop, implement and evaluate an innovative 12-month nurse residency model in New Jersey long-term care facilities for new RN graduates.

Dr. Cox completed a study that examined vasopressor use and pressure ulcer incidence in patients admitted to the intensive care unit (ICU). She was also funded by the Centers for Medicare and Medicaid Services to evaluate a pressure ulcer prevention thermography intervention in six long-term care facilities in New Jersey. This is an ongoing study.

# Center for Urban Youth and Families

The mission of the Center for Urban Youth and Families (CUYF) is to address health disparities through interdisciplinary research. The center trusts that developing an inter-professional research center improves the health and future of society's most vulnerable citizens.

# **GOALS**

- Enhance the scientific award portfolio of CUYF with the addition of federal research grants such as NIH (RO3, R15, R21) and/or PCORI awards by 2016
- Support the scholarly development of CUYF faculty and student members so that they are better able to compete for these funding mechanisms (i.e. grant writing workshops and editorial assistance)
- Continue to build on the findings of currently funded research in CUYF to support a successful R01 applications
- Serve as an incubator for the scholarly development of all center members as evidenced by extramural funding, national and international presentations and publications



# FACULTY AND STAFF MEMBERS

DIRECTOR:

Felesia Bowen, PhD, RN, APNc

RESEARCH FELLOWS:

Cynthia Ayres, PhD, RN

Rula Btoush, PhD, RN

Barbara A. Caldwell, PhD, APN-BC

Susan Caplan, PhD, MSN, APNRC-BC

Sabrina Chase, PhD

Patricia Hindin, PhD, CNM

Christopher Hughes, DMD

Veronica Jones, MPH, CHES

Robert L. Laumbach, ND, MPH, CIH

Ganga Mahat, EdD, RN

Frances Munet-Vilaro, PhD, RN

John Nelson, PhD, CPNP

Jim Norris

Rubab Qureshi, MBBS, MD, PhD

Cindy Sickora DNP, RN

Elizabeth Sloan-Power, PhD, MSW

Diane Stewart, MSN, RN, APNc

Peija Zha, PhD, MA

# Research Initiatives

#### BRICK CITY SYNERGY: A COMPREHENSIVE YOUTH VIOLENCE DETERRENCE PROGRAM

**Purpose:** To develop a collaborative network of existing youth and family service agencies that will provide community-based, family-focused, youth violence prevention services; with the end goal of preventing and deterring youth from becoming involved in delinquent or criminal behavior, while fostering positive youth and family development through coordinated access to appropriate services

Investigator: Bowen Phase: Recruitment

#### FAITHFUL FAMILIES EATING SMART AND MOVING MORE

Purpose: Provide evidence-based education to caregivers of children with asthma. This was a CATCH grant that was funded by the American Academy of Pediatrics.

#### BRIGHT SMILES IN THE BRICK CITY

**Purpose:** 1) To determine if a nurse practitioner student-led oral health program improves oral health in urban preschoolers. 2) To determine if after appropriate training, nurse practitioner students can accurately perform oral health screening in a community setting for preschoolers

#### EVALUATION OF THE ASTHMA CONTROL TEST

Purpose: To determine the validity of the study instrument when used on children with asthma between 8 and 14 years of age.

Investigator: Bowen

Phase: Analysis and Dissemination

#### ZONE TO ZONE: ASTHMA SEVERITY AND CHILDREN'S CONTEXTUAL COPING STRATEGIES

Purpose: To determine how asthma symptoms and severity affect a child's ability

to cope in various settings.

Investigator: Sloan-Power and Bowen

Phase: Analysis and Dissemination (qualitative findings)

#### Use of Parent Asthma Education to Improve Pediatric Asthma Follow Up

Purpose: 1) To validate the Asthma 101 curriculum for use with urban parents.
2) To determine if parents who receive asthma education will take their children for asthma follow-up appointments.

Investigator: Bowen and Howard Britt, MD

Phase: Analysis and Dissemination

#### ORAL HEALTH RISK ASSESSMENT IN URBAN PRESCHOOLERS

Purpose: To determine parent and day care provider knowledge of preschool children's oral health risk factors.

**Investigator:** Mahat and Bowen

Phase: Dissemination

#### INDIVIDUAL RESEARCH PROJECTS

Several members of the Center are actively engaged in individual research studies consistent with the mission of the Center.

Dr. Robert Laumbach's current research is titled *Effects of Traffic Pollutants and Stress on Asthma in an Urban Community*. The purpose of the study is to determine how traffic air pollutants, especially diesel exhaust, may interact with chronic stress in urban communities, such as Newark and Elizabeth, and worsen asthma symptoms among children.

# Northeast Institute for Evidence Synthesis and Translation

The Northeast Institute for Evidence Synthesis and Translation (NEST) was established in 2004 as a collaborating center with the International Joanna Briggs Institute (JBI).

# **GOALS**

- Identify areas where health professionals most urgently require summarized evidence on which to base their practice
- Conduct and facilitate systematic reviews of international research
- Identify the need for and promote the conduct of multi-site research studies in areas where good evidence is not available
- Prepare easy to read summaries of best practice in the form of Best Practice Information Sheets based on the results of systematic reviews
- Design and conduct targeted dissemination activities in areas where good evidence is available
- Promote broad dissemination strategies to ensure that findings are made available to the profession and to all levels of health care systems, governments, and service provider units
- Promote broad dissemination strategies to ensure findings are made available to health care consumers
- Evaluate the effects of selected Best Practice Information Sheets on practice variability, health outcomes and cost
- Design, promote and deliver short courses in evidence-based practice for clinicians, researchers, managers, lecturers, teachers and students
- Offer direct fee-for-service consultancies to health service providers to develop customized evidence-based practice training and evidence-based policy and procedure manuals

FACULTY AND STAFF MEMBERS

Cheryl Holly, EdD, RN
Co-Director

Susan W. Salmond, EdD, RN
Co-Director

Yuri Jadotte, MD
Assistant Director for Education

Sean Parnell
Research Assistant



Leadership (L-R)
Yuri Jadotte, MD
Susan Salmond, ED, RN, ANEE FAAN

# Research Initiatives

NEST believes that safe and quality practice involves knowledge synthesis that concentrates on all best available evidence to assist practitioners and decision-makers in care delivery. Its approach embodies the scholarship of integration, which gives meaning to isolated facts and puts them in perspective.

The center received the 2014 JBI Colloquium Best Paper Award for a work entitled *The Effectiveness of Non-Pharmacological Multi-Component Interventions for the Prevention of Delirium in Non-Intensive Care Unit Older Adult Hospitalized Patients: A Systematic Review* (Thomas, Smith, Forrester, Heider, Jadotte, Holly).

Today, NEST has generated a total of 33 systematic reviews including:

- Thirty four publications by the three core faculty in refereed journals
- Three published textbooks
- A AJN Book of the Year Award for the work entitled Comprehensive Systematic Review for Advanced Nursing Practice (Holly, Salmond, Saimbert)
- Three published book chapters in texts of evidence-based care
- Thirty national and international presentations specific to the work of NEST and comprehensive systematic review

#### FUNDED PROJECTS

- Translating Knowledge to Practice through Facilitation and Context in four NJ healthcare facilities, (Holly [PI] and Salmond), funded by the Foundation of UMDNI
- Risk Factors and Characteristics of Pediatric Delirium, (Porter, Holly, Echevarria), funded by the Society of Pediatric Nursing

- A Systematic Review of Complementary and Alternative Medicine
   Treatments for Atopic Eczema, (Jadotte (PI), Holly), funded by the National
   Institute of Health, National Center for Complementary and Alternative
   Medicine, United States (NIH- NCCAM) and the National Institute for
   Health Research, United Kingdom (NIHR-UK)
- Solar Cheilosis: An Ominous Precursor, (Jadotte, PI), funded by the American Academy of Dermatology

# New Jersey Collaborating Center for Nursing

The New Jersey Collaborating Center for Nursing (NJCCN) was established by state legislation on December 12, 2002. The Center works on behalf of nurses to provide evidence-based recommendations regarding the nursing workforce and its impact on patient care. The Center is housed in Rutgers School of Nursing, Newark Campus, and is guided by a 17-member board representing New Jersey nursing and health care stakeholders.

### **GOALS**

- Ensure that competent future-oriented, diverse nursing providers are available in sufficient numbers, and prepared to meet the demand of the evolving health care system in New Jersey
- Transform the health care system through research and innovative model programs
- Create a central repository for education practice and research related to the nursing workforce
- Engage academic/practice partners, inter-professional colleagues, government and legislative agencies, consumers, business and industries in workforce solutions
- Promote a positive image for nursing

### RECENT REPORTS

New Jersey Nursing School Educational Capacity Report- LPN New Jersey Nursing School Educational Capacity Report- RN

Leadership (L-R)
Mary Johansen, PhD, Rn, NE-BC
Edna Cadmus, PhD, Rn, NEA BC, FAAN

# FACULTY AND STAFF MEMBERS

Edna Cadmus, Phd, RN, NEA BC, FAAN **Director** 

Mary Johansen, PhD, RN, NE-BC
Associate Director

Pamela B. De Cordova, PhD, Rn-BC
Researcher

Allison Creary-Cornelius **Administrative Assistant** 





# **HIV Research Collaborative**

The primary role of the HIV Research Collaborative is to promote, support, and collaborate on HIV related research conducted by faculty, staff, and students at the Rutgers School of Nursing. The Collaborative focuses on cultivating research proposals, piloting studies, peer-reviewing journal publications and seeking NIH research funding. Currently, nine articles are being prepared for publication submission.



# FACULTY AND STAFF MEMBERS

Ann Bagchi, PhD, RN

Instructor

William L. Holzemer, PhD, RN, FAAN

**Dean and Distinguished Professor** 

Mary Jo Hoyt, MSN

**Director of Education and Capacity Development, FXB Center** 

Teri Lindgren, PhD, RN

**Assistant Professor** 

Anne Marie Linn, MPH

**Project Coordinator, HIV Subspecialty Program** 

Thomas Loveless, PhD, MSN, CRNP

**Clinical Assistant Professor** 

John Nelson, PhD, CPNP

**Program Director, FXB Center - AIDS Education and Training Center, National Resource Center (AETC-NRC)** 

Andrea Norberg, MS, RN

**Executive Director, FXB Center** 

Joanne Phillips, MS, RN

**Education Specialist, FXB Center** 

Darcel Reves, PhD(c), MSN, RN, ANP-BC, AAHIVS

Clinical Instructor

Margaret Sullivan, PhD

**Senior Associate Dean for Research & Sponsored Programs, and Professor** 

Suzanne Willard, PhD, RN, APN-c, FAAN,

Associate Dean for Global Health, and Clinical Professor





# Nurse-Managed Community Health Centers and Programs

The School of Nursing's mobile clinic in Newark, NJ (L-R) Cindy Sickora, DNP, RN, associate professor and director of community programs; Mary DiGiulio, DNP, APN, assistant professor and director of clinical practice; Susan Pepe, MSN, APN, nurse practitioner; Myrlande Metellus, BSN, RN, clinical coordinator; and Hilda Aluko, MSN, FNP-BC, nurse practitioner.

# François-Xavier Bagnoud Center

The François-Xavier Bagnoud Center's (FXB Center) mission is to continue its history as a leader and innovator in the care of women, children, and families living with HIV; and to eliminate barriers to inter-disciplinary, client-centered, equitable, high-quality health care for those at greatest risk for socially determined health vulnerabilities. The FXB Center develops, implements, and evaluates health care programs locally, statewide, nationally and globally.

The FXB Center began in 1987 as a clinical program that provided family-centered care for HIV, infectious diseases, and immunologic disorders. Early in the 1990s, the center received generous funding from Countess Albina du Boisrouvray's FXB Foundation to enhance the local clinical program and to expand the center's expertise to address the rapidly growing HIV pandemic. In recognition of this generous award, the center was named the François-Xavier Bagnoud (FXB) Center.



### FACULTY AND STAFF MEMBERS

Andrea Norberg, MS, RN **Executive Director** 

Nina Colabelli, DNP, MSN, CPNP-PC **Director, Child Health Program** 

Mary Jo Hoyt, MSN

**Director, Education and Capacity Development** 

John A. Nelson, PhD, CNS, CPNP

**Director, National Training** 

Peter Oates, RN, MSN, NP-C, ACRN

**Director, Health Care Services** 

Deborah S. Storm, MSN, PhD

Director, Research and Evaluation

Jamie Steiger, MPH

**Director, Administration** 

Albert Filosa, BS

Manager, Finance

Jacqueline Dover, Executive Assistant

**Program Development Specialist** 

FXB's AIDS Education and Training Center National Resource Center (AETC - NRC) (L-R)

Judy Collins, BA Renée Powell, BS, RN Andrea Norberg, MS, RN Jenna Bardwell, MPH John Nelson, PhD, CNS, CPNP

# **Programs**

### LOCAL AND STATE PROGRAMS

THE FXB CENTER CHILD HEALTH PROGRAM, is an adjunct nursing resource with the Department of Children and Families (DCF) - Division of Child Protection and Permanency (DCP&P). It delivers orientation, education and support for nurses who provide Health Care Case Management (HCCM) to children and families involved with New Jersey's child welfare system.

The AIDS Education and Training Center (AETC), (Northern New Jersey Local Performance Site) is funded by the Health Resources and Services Administration HIV/AIDS Bureau (HRSA/HAB) and is partnered with Columbia University. The program assists healthcare professionals in Northern New Jersey by providing education and training to diagnose, treat, manage and counsel HIV infected individuals and provides education about the prevention of HIV transmission.

THE PRIMARY CARE CHART REVIEW/QUALITY MANAGEMENT PROGRAM, supports quality management initiatives in the City of Newark. It is funded by the Ryan White Part A programs and the Ryan White Part B agencies through the New Jersey Department of Health. It conducts chart reviews to assess achievement of agreed upon goals. Findings from the chart reviews are compiled, analyzed and presented to site staff and funders. This information is also used as part of the assessment of learning needs addressed by other FXB Center initiatives.

EDUCATION AND TRAINING FOR HEALTH CARE PROFESSIONALS IN THE DIAGNOSIS AND TREATMENT OF HIV is funded by the New Jersey Department of Health. This program makes possible the planning, implementation, and evaluation of a number of statewide professional development events, including the annual HIV Clinical Update, a medical update series, and *New Jersey AIDSLine*; a semiannual newsletter (available online) that includes articles on current events in the HIV, TB and STD fields; as well as continuing education articles for physicians, nurses, pharmacists, and social workers.

#### NATIONAL PROGRAMS

AIDS EDUCATION AND TRAINING CENTER NATIONAL RESOURCE CENTER (AETC NRC) is funded by the Health Resources and Service Administration HIV/AIDS Bureau (HRSA/HAB). This resource center supports the national network of leading

HIV experts who provide education, clinical consultation, and technical assistance to health care professionals and health care organizations that integrate high-quality, comprehensive care for those living with or affected by HIV

THE ELIMINATION OF MOTHER TO CHILD HIV TRANSMISSION IN THE UNITED STATES PROJECT is a cooperative agreement with the U.S. Centers for Disease Control and Prevention (CDC). The program supports the development of strategies that improve reproductive health care for women living with HIV and support the elimination of perinatal HIV transmission in the United States.

#### GLOBAL PROGRAMS

The FXB Center launched the International Training Program (ITP) in 1991, one of the first international training programs for health care providers who deliver worldwide care for pregnant women with HIV infection and perinatally-infected infants and children. Since its inception, the Center has been funded by CDC, UNICEF, WHO, ministries of health and private foundations. FXB Center has provided technical assistance in areas including Prevention of Mother to Child Transmission of HIV (PMTCT), HIV care and treatment, family planning, wellness for healthcare workers, and workforce training for the conduct of clinical trials. The FXB Center has worked in 37 countries on five continents.

### Clinic

FXB Ambulatory Care Center is funded by the Health Resources and Services Administration (HRSA) HIV/AIDS Bureau (HRSA/HAB), Ryan White HIV Program Parts A, B, and D, as well as the State of New Jersey Department of Children and Families. The FXB Clinic provides HIV primary medical care; intensive targeted interventions to support adherence to care and treatment; and improves client outcomes for the families served by the program.

### **FOCUS Wellness Center**

The Rutgers FOCUS Wellness Center (the Center) is a nurse-managed Inter-professional Collaborative Practice (IPCP) established through a partnership with the Rutgers School of Nursing and the FOCUS Hispanic Center for Community Development. The IPCP model is achieved with faculty participation from Rutgers New Jersey Medical School, School of Nursing, School of Social Work, Ernest Mario School of Pharmacy, and School of Related Professions' Physician Assistant (PA) and Respiratory Therapy programs. The Center provides health education, medical and mental health services focused on areas of prevention, primary care, transitional care, and chronic care management.

### GOALS

- Be a wellness-focused center
- Provide patient and family-centered care
- Integrate medical and mental health
- Deliver nontraditional and community-based services

### FACULTY AND STAFF MEMBERS

DIRECTOR:

Kathy Gunkel, DNP, APN

**Clinical Assistant Professor, School of Nursing** 

MEDICAL DIRECTOR:

Joseph Schwenkler, MD

Associate Professor and Medical Director, Physician Assistant Program, School of Health Related Professions

Nurse Practitioners:

Edwina Skiba-King, PhD, APN

**Clinical Assistant Professor, School of Nursing** 

Rita Musanti, PhD, ANP-BC, AOCNP

**Assistant Professor, School of Nursing** 

Mary Kamienski, PhD, APRN-C, FAEN, FAAN, CEN

**Professor, School of Nursing** 

Veronica Brown, MSN, APN

SOCIAL WORKERS:

Patricia Findley, PhD, LCSW

**Associate Professor, School of Social Work** 

Nohelia Cajina, LCSW

PHARMACISTS:

Mary Wagner, PharmD

**Associate Professor, Ernest Mario School of Pharmacy** 

Mamta Karani, PharmD, BCPS

**Resident, Ernest Mario School of Pharmacy** 

OFFICE STAFF:

JaiMarie Melendez

### Services

- Primary Care
- Mental Health
- Women's Health
- Social Work
- Pharmacy Medication Review and Management
- Laboratory
- Substance Abuse Treatment
- Violence Prevention
- Health Insurance Enrollment Assistance

### Clinic

The Center has been supported by public and private grants including HRSA, The Healthcare Foundation of New Jersey, The Horizon Foundation of New Jersey, and The Nicholson Foundation.

The HRSA grant has supported the development of the ICPC and interprofessional education for Rutgers students. In 2014, more than 50 students participated in the ICPC clinical practice at the Rutgers FOCUS Wellness Center.



Right: At the FOCUS Wellness Center (L-R) are Odell Hollowinger of Newark, with generic baccalaureate student, Krishna Bhoraniya, and nurse practitioner and professor, Mary Kamienski, PhD, APRN-C, FAEN, FAAN, CEN.

## Jordan and Harris Community Health Center

The Jordan and Harris Community Health Center, established in 2010, provides comprehensive health services to residents of the Hyatt Court, Pennington Court, Terrell Homes, and Stephen Crane Village, public housing developments in Newark, New Jersey.

Below: Faculty, students and staff from Rutgers' School of Nursing (SON) and New Jersey Medical School (NJMS) during an interprofessional mental health clinical rotation at the Jordan and Harris Community Health Center at the Terrell Homes public housing development in Newark.

FACULTY AND STAFF MEMBERS

Cindy Sickora, DNP, RN

**Associate Professor, Rutgers School of Nursing** 

Hosseinali Shahidi, MD, MPH

Assistant Professor, Emergency Medicine, Rutgers New Jersey Medical School

Myrlande Metellus, BSN, RN

**Clinical Coordinator** 

Victoria Lane, CHW

**Community Health Worker Supervisor** 

Morit Segui

**Program Support Specialist** 



# **Programs**

#### NEIGHBORS SERVING NEIGHBORS:

The Jordan and Harris Community Health Center is a nurse-managed program designed by and for the community it serves. A community advisory board helps guide the Center's operations and a Community Health Worker Program trains residents to serve as advocates and health navigators for their neighbors. The Center is named after long-time Hyatt Court residents Lillie Jordan and Esther Harris McArthur. It is dedicated to the memory of the late Agnes Younger, who inspired the establishment of the center.

#### A COLLABORATIVE INITIATIVE:

Rutgers School of Nursing collaborates with Rutgers New Jersey Medical School and the Rutgers School of Health Related Professions to provide a variety of health services. The program also collaborates with Rutgers School of Nursing's FOCUS Wellness Center

### Services

Services are provided in collaboration with the New Jersey Children's Health Project, (NJCHP) a mobile health initiative of Rutgers School of Nursing together with the Children's Health Fund.

- Wellness Visits
- Mental Health Screenings
- Screenings for Hypertension, Asthma, and Diabetes
- Cholesterol and Iron Screenings
- Physical Exams
- School and Pre-Employment Physicals
- HIV Testing
- Referrals to Specialists
- Vaccinations

- Medication Management
- Smoking Cessation
- Physical Therapy
- Home Visits to Elderly and/or Housebound
- Home Visits to Pregnant Women and New Mothers

# New Jersey's Children's Health Project

The New Jersey Children's Health Project (NJCHP), launched in May 2007, is a collaboration with the Children's Health Fund (CHF) and the Rutgers School of Nursing Mobile Healthcare Project. This innovative outreach effort works in partnership with CHF, the clinical affiliates of Rutgers, and community-based organizations.

The NJCHP is staffed by a team of health care professionals who travel to underserved neighborhoods to provide primary and preventive health care services to residents of all ages.

The aim of the NJCHP is to break down the financial, social, cultural, and transportation barriers that prevent people from seeking proper health care.

### FACULTY AND STAFF MEMBERS

DIRECTOR:

Cindy Sickora, DNP, RN

**Rutgers School of Nursing** 

PEDIATRICIAN:

Madolene Aliparo, MD

Rutgers New Jersey Medical School, Department of Pediatrics

MEDICAL DIRECTOR:

Maritza De La Rosa, MD

Rutgers New Jersey Medical School, Department of Family Medicine

Nurse Practitioners:

Susan Pepe, ANP

Hilda Aluko, FNP, APN

Suzanne Salamanca, APN



#### GOALS:

The NJCHP, in partnership with the Children's Health Fund, extends the reach of health care delivery to underserved inner-city residents. Through joint collaborative practice agreements, the Rutgers School of Nursing advanced practice nurses work closely with physician teams to develop cost-effective care delivery strategies in the community-based setting for patients diagnosed with acute and chronic illnesses

The project screens, identifies, and provides health promotion/disease management services; fosters community involvement in the health assessment and referral process; and provides culturally and linguistically sensitive health promotion/disease management health education.

#### FAMILIES AND THEIR CHILDREN:

- receive health promotion, disease management care and treatment to assist in the achievement of optimum levels of wellness
- receive counseling and guidance in locating and using community- based resources as the need arises
- are an integral component of the health care team in the development and implementation of mutually agreed upon care modalities
- receive health care instruction using culturally and linguistically sensitive teaching aids to enhance understanding of disease processes and health promotion
- receive care that is research-based and follows nationally standardized clinical guidelines

### Services

- Immunizations
- OB/GYN Care and Referral
- Cancer screenings (Office of Cancer Control and Prevention)
- Cholesterol Screening and Nutrition Assessment
- Body Weight Monitoring
- Comprehensive Physical Examination
- Electrocardiogram
- Treatment of Medical Illness
- Vision and Hearing Testing
- Substance Abuse and Mental Health Referral
- Exercise and Medication Instruction
- Dental Assessment and Referral
- HIV/STD Testing and Counseling
- Social Services and Referral
- Community Services Referral
- Lead Screenings





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